# CVUSD High School Bell Schedules 

## March 1, 2022



## Agenda

Senate Bill 328
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Overview of Bell Schedules
Individual School Bell Schedules
Next Steps

## Senate Bill 328

46148. (a) (1) The schoolday for high schools, including high schools operated as charter schools, shall begin no earlier than 8:30 a.m.
(2) The schoolday for middle schools, including middle schools operated as charter schools, shall begin no earlier than 8:00 a.m.
(b) For purposes of this section, "schoolday" has the same meaning as defined by the school district or charter school for purposes of calculating average daily attendance in order to compute any apportionments of state funding. This section does not prohibit a school district or charter school from offering classes or activities to a limited number of pupils before the start of the schoolday that do not generate average daily attendance for purposes of computing any apportionments of state funding.
(f) The Legislature encourages school districts, charter schools, and community organizations to inform their communities, including parents, teenagers, educators, athletic coaches, and other stakeholders, about the health, safety, and academic impact of sleep deprivation on middle and high school pupils and the benefits of a later school start time, and to discuss local strategies to successfully implement the later school start time.

## Background: School Schedule

- In order for a class period to count for a school's instructional minutes a "valid course offering" must be provided during that period, and that class period must occur no earlier than 8:30 AM.
- "A" period before 8:30 AM must be a "limited course offering" and will not count for a school's daily/annual instructional minutes or a student's daily instructional minutes.
- The annual Instructional Minutes that must be offered for Grades 9-12 is 64,800 . In order to fulfill this obligation, in 180 days, a student would typically be offered an average of 360 Instructional Minutes per day $(64,800 \mathrm{~min} / 180$ days $=360 \mathrm{~min} /$ day $)$


## Background: Individual Student Schedules

Students must maintain a class schedule compliant with CVUSD Board Policy 6164.1, and must have at least 240 instructional minutes that begin at 8:30 (does not include " 0 " period).

- A full day student status requires a minimum of six high school classes for students in grades 9-11, and a minimum of five high school classes, including one dual enrollment course, for students in grade 12 at any CVUSD high school, unless the Principal determines that the student's learning objectives would benefit from a reduced day in order to pursue dual enrollment either on or off of the high school campus.


## Bell Schedule Process

## Process for SB 328 Compliant Bell Schedule Change:

The deadline to hold a vote for the 2022-23 school year is Tuesday February 1, 2022, and must have $70 \%$ of the school's faculty approval pursuant CVUSD/UACT Collective Bargaining Agreement Article 9 Section L (2007). Prior to any vote, the proposed bell schedule must be reviewed and instructional minutes approved by Fiscal Services, Instructional Director, and Assistant Superintendent of Instructional Services. Bell schedules must then be presented to and ratified by the Board of Education.

CVUSD sought additional legal guidance which confirmed that the District must comply with the requirements of SB 328 by the law's July 1, 2022 implementation deadline.

## Timeline

- October 2021 - Established February 1, 2021 deadline to pass new bell schedules.
- November 2021 - Meeting with teachers, administrators, and district staff
- November 2021 - Provided a memorandum to high school administration with key information on instructional minutes calculations and required threshold (70\%) to pass new schedules
- January 2022 - NPHS and WHS passes bell schedules; TOHS extends process
- February 2022 - TOHS passes bell schedule


## Bell Schedule Overview

|  | Newbury Park HS | Thousand Oaks HS | Westlake HS |
| :---: | :---: | :---: | :---: |
| Total Instructional <br> Minutes (2022-23) | 65,270 Minutes | 64,976 Minutes | 65,544 Minutes |

Start: 8:30 AM

End:
3:26-3:30

| 5\% | A Period | 35\% | A Period | 35\% | A Period |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 95-100\% | Period 1 I Period 2 | 95-100\% | Period 1 | 95-100\% | Period 1 |
|  |  | 95-100\% | Period 2 | 95-100\% | Period 2 |
| 95-100\% | Period 3 I Period 4 | 95-100\% | Period 3 | 95-100\% | Period 3 |
| 85-95\% | Period 5 I Period 6 | 95-100\% | Period 4 | 95-100\% | Period 4 |
|  |  | 85-95\% | Period 5 | 85-95\% | Period 5 |
| 50-60\% | Period 7 | 65\% | Period 6 | 65\% | Period 6 |

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## Newbury Park High School

In order to have a fair representation of school site stakeholders, a broad cross-section of stakeholders, including faculty, admin, counseling, and classified staff, comprised the NPHS Bell Schedule team. The Bell Schedule Committee began working in October of 2021 and met in various configurations over the ensuing four months to discuss a wide variety of scheduling options and concerns. General updates of the process were also provided at Principal Coffee meetings, parent/student newsletters, SDAC local meeting, PFA meetings, and School Site Council meetings. A vote to approve the new schedule by the teaching staff was conducted on January 26th with a final tally of 103-1.

Through that process, NPHS took the opportunity to consider other instructional and operational needs of Newbury Park and take advantage of possible opportunities to refine our Master Schedule. The Bell Schedule Committee and the staff agreed that moving to a full rotating block (meaning that all of our classes periods 1-6 will rotate every other day all year long) was the best way for us to maintain a schedule that is very similar to the timeframe to the schedule they currently have.

Losing the ability to count 0 period minutes at the beginning of the day created a real challenge in meeting the annual minimum minutes. By adding a broader variety of 7th-period courses, NPHS is able to recoup instructional minutes lost from the 0-period classes not being counted towards our instructional minutes. The new bell schedule created new options and opportunities for all students.

## Newbury Park High School Regular Day Bell Schedule

| Regular Bell Schedule (Mon - Wed) |  |  |  |  |
| :---: | ---: | ---: | ---: | ---: |
| Period | Start | Stop | Instructional Minutes | Instructional Mintues |
| Per 0 | $7: 30 \mathrm{AM}$ | $8: 20 \mathrm{AM}$ |  | 0 |
| Passing | $8: 20 \mathrm{AM}$ | $8: 30 \mathrm{AM}$ |  | 0 |
| Period 1 (or 2) | $\mathbf{8 : 3 0 \mathrm { AM }}$ | $\mathbf{1 0 : 1 0 \mathrm { AM }}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ |
| BREAK | $10: 10 \mathrm{AM}$ | $10: 15 \mathrm{AM}$ |  | 0 |
| Passing | $10: 15 \mathrm{AM}$ | $10: 25 \mathrm{AM}$ | 10 | 10 |
| Period 3 (or 4) | $\mathbf{1 0 : 2 5 ~ A M}$ | $\mathbf{1 2 : 0 5 ~ P M}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ |
| LUNCH | $12: 05 \mathrm{PM}$ | $12: 35 \mathrm{PM}$ |  | 0 |
| Passing | $12: 35 \mathrm{PM}$ | $12: 45 \mathrm{PM}$ | 10 | 10 |
| Period 5 (or 6) | $\mathbf{1 2 : 4 5 ~ P M}$ | $\mathbf{2 : 2 5 ~ P M}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ |
| Passing | $2: 25 \mathrm{PM}$ | $2: 35 \mathrm{PM}$ | 10 | $\mathbf{5 5}$ |
| Period 7 | $\mathbf{2 : 3 5 ~ P M}$ | $\mathbf{3 : 3 0 ~ P M}$ | $\mathbf{5 5}$ |  |

# Newbury Park High School Common Planning Time/Early Dismissal Schedule 

| CPT Day Bell Schedule (Thurs and Fri) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Period | Start | Stop | Instructional Minutes | Instructional Mintues |
| Per 0 | 7:30 AM | 8:20 AM |  | 0 |
| Passing | 8:20 AM | 8:30 AM |  | 0 |
| Period 1 or 2 | 8:30 AM | 9:55 AM | 85 | 85 |
| BREAK | 9:55 AM | 10:00 AM |  | 0 |
| Passing | 10:00 AM | 10:10 AM | 10 | 10 |
| Period 3 or 4 | 10:10 AM | 11:35 AM | 85 | 85 |
| LUNCH | 11:35 AM | 12:05 PM |  | 0 |
| Passing | 12:05 PM | 12:15 PM | 10 | 10 |
| Period 5 or 6 | 12:15 PM | 1:40 PM | 85 | 85 |
| CPT | 1:45 PM | 2:30 PM |  | 0 |
| Passing | 2:30 PM | 2:40 PM | 10 | 10 |
| Period 7 | 2:40 PM | 3:30 PM | 50 | 50 |

## Newbury Park High School Sample Weekly Schedule

| TIME | MINUTES | MONDAY | TUESDAY | WEDNESDA Y | THURSDAY (CPT) | FRIDAY <br> (CPT) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8:30-10:10 | 100 | PERIOD 1 | PERIOD 2 | PERIOD 1 | PERIOD 2 | PERIOD 1 |
| 10:10-10:15 | 5 | Nutrition |  |  |  |  |
| 10:15-10:25 | 10 | Passing |  |  |  |  |
| 10:25-12:05 | 100 | PERIOD 3 | PERIOD 4 | PERIOD 3 | PERIOD 4 | PERIOD 3 |
| 12:05-12:35 | 30 | LUNCH |  |  |  |  |
| 12:35-12:45 | 10 | Passing |  |  |  |  |
| 12:45-2:25 | 100 | PERIOD 5 | PERIOD 6 | PERIOD 5 | PERIOD 6 | PERIOD 5 |
| 2:25-2:35 | 10 | Passing |  |  |  |  |
| 2:35-3:30 | 55 | PERIOD 7 | PERIOD 7 | PERIOD 7 | PERIOD 7 | PERIOD 7 |

## Thousand Oaks High School

| M/T/H/F |  |  |  |
| ---: | ---: | :--- | ---: |
| Start | End | Period | Minutes |
| $7: 27$ | $8: 25$ | A | 58 |
| $8: 25$ | $8: 30$ | Passing | 5 |
| $8: 30$ | $9: 28$ | 1 | 58 |
| $9: 28$ | $9: 33$ | Passing | 5 |
| $9: 33$ | $10: 31$ | 2 | 58 |
| $10: 31$ | $10: 38$ | Nutrition |  |
| $10: 38$ | $10: 43$ | Passing | 5 |
| $10: 43$ | $11: 41$ | 3 | 58 |
| $11: 41$ | $11: 46$ | Passing | 5 |
| $11: 46$ | $12: 45$ | 4 | 59 |
| $12: 45$ | $1: 20$ | Lunch |  |
| $1: 20$ | $1: 25$ | Passing | 5 |
| $1: 25$ | $2: 23$ |  | 5 |
| $2: 23$ | $2: 28$ | Passing | 58 |
| $2: 28$ | $3: 26$ |  | 6 |


| W |  |  |  |
| ---: | :--- | :--- | ---: |
|  |  |  |  |
| Start | End | Period | Minutes |
| $7: 24$ | $8: 09$ | CPT |  |
| $8: 09$ | $8: 14$ | Passing | 5 |
| $8: 14$ | $9: 01$ | A | 47 |
| $9: 01$ | $9: 06$ | Passing | 5 |
| $9: 06$ | $9: 53$ |  | 1 |
| $9: 53$ | $9: 58$ | Passing | 47 |
| $9: 58$ | $10: 45$ |  | 5 |
| $10: 45$ | $10: 52$ | Nutrition | 47 |
| $10: 52$ | $10: 57$ | Passing | 5 |
| $10: 57$ | $11: 44$ |  | 3 |
| $11: 44$ | $11: 49$ | Passing | 47 |
| $11: 49$ | $12: 19$ | SEL | 5 |
| $12: 19$ | $1: 07$ |  | 4 |
| $1: 07$ | $1: 42$ | Lunch | 48 |
| $1: 42$ | $1: 47$ | Passing |  |
| $1: 47$ | $2: 34$ |  | 5 |
| $2: 34$ | $2: 39$ | Passing | 47 |
| $2: 39$ | $3: 26$ |  | 6 |
|  |  |  | 47 |

TOHS will employ a schedule with 7 periods: "A" period through 6th period. Roughly $35 \%$ of our students will start their day with an "A" period class, and the majority will begin at $8: 30$ with period 1 . Many seniors will be able to complete their academic day at the end of 4th (if they take an "A" period) period and leave prior to lunch. On Wednesdays, in addition to building time into our schedule for teacher collaboration time (CPT), students will receive 30 minutes of dedicated time for SEL instruction. That instruction will take place in 4th period classes.

Our new schedule has been shared with parents and students in our weekly Green Sheet. Additionally, students received a copy of the new schedule via Canvas announcement.

## Westlake High School

Reqular Bell Schedule (M-T-Th-F)

| Warning Bell | $7: 19$ |  | Mins. |
| :--- | ---: | :---: | :---: |
| Period A | $7: 27$ | $\mathbf{8 : 2 2}$ | 55 |
| Passing | $: 08$ |  |  |
| Period 1 | $8: 30$ | $9: 27$ | 57 |
| Passing | $: 08$ |  |  |
| Period 2 | $9: 35$ | $10: 30$ | 55 |
| Nutrition | $\mathbf{1 0 : 3 0}$ | $10: 36$ | 6 |
| Passing | $: 08$ |  |  |
| Period 3 | $10: 44$ | $11: 39$ | 55 |
| Passing | $: 08$ |  |  |
| Period 4 | $\mathbf{1 1 : 4 7}$ | $\mathbf{1 2 : 4 6}$ | 59 |
| Lunch | $\mathbf{1 2 : 4 6}$ | $\mathbf{1 : 2 1}$ | 35 |
| Passing | $: 08$ |  |  |
| Period 5 | $\mathbf{1 : 2 9}$ | $\mathbf{2 : 2 5}$ | 56 |
| Passing | $: 08$ |  |  |
| Period 6 | $\mathbf{2 : 3 3}$ | $3: 28$ | 55 |

General Description:

- Traditional schedule where students attend all classes each day
- $\quad$ Students in grades 9-11 will take 6 classes and in 12th grade will have the option to take 5 classes
- 12th grade students will have the option of taking an 'A' period class so they can be done before lunch.
- School Day starts at 8:30am with Period 1. All students will have the option of requesting an ' $A$ ' period class.
- Based on student requests, we will continue to offer a wide variety of classes during ' $A$ ' period.
- Extended passing period by 2 minutes because of the new Science building and additional time needed to get to class.

| PLC Time Bell Schedule (Wed) |  |  |
| :---: | :---: | :---: |
|  |  | Mins. |
| Staff Development | 7:42 8:22 | 40 |
| Period A | 8:30 9:16 | 46 |
| Passing | :08 |  |
| Period 1 | 9:24 10:12 | 48 |
| Passing | :08 |  |
| Period 2 | 10:20 11:06 | 46 |
| Nutrition | 11:06 11:12 | 6 |
| Passing | :08 |  |
| Period 3 | 11:20 12:06 | 46 |
| Passing | :08 |  |
| Period 4 | 12:14 1:04 | 50 |
| Lunch | 1:04 1:39 | 35 |
| Passing | :08 |  |
| Period 5 | 1:47 2:34 | 47 |
| Passing | :08 |  |
| Period 6 | 2:42 3:28 | 46 |

Site Communications:

- Bell Schedule Committee comprised of a wide variety of individuals including a teacher from each department, counselor, admin, Campus Safety Assistant, etc.
- Staff input through Bell Schedule Committee communicated with their respective departments and staff meetings
- Student input through SDAC rep meetings with Principal and School Site Council
- Parent feedback through PTSA, School Site Council meetings, and individual feedback to staff
- Included general information in weekly updates


## Next Steps

Continued school site communication to students and families
Possible ratification of bell schedules compliant with Senate Bill 328 for the Board
of Education on March 15, 2022

## Questions?

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